

HELLO!

Now everyone is self-isolating it's important we help each other out

My name is

I live in block

Flat/House No

My phone number is

My email address is

Our residents group main contact is

Our residents group details are

(eg Website, Facebook group)

If you need help and support due to COVID-19

I can help with:

Picking up shopping

Posting mail

A friendly phone call

Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you're spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.